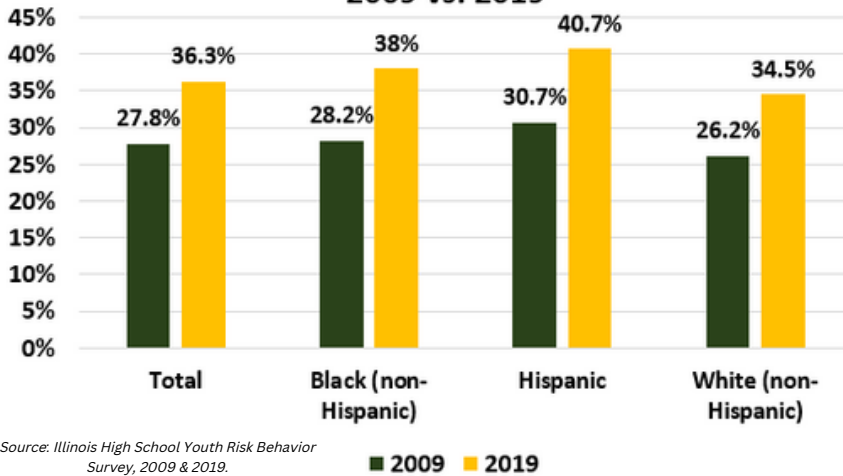


THE STATE OF YOUTH MENTAL HEALTH

Illinois youth mental health needs have steadily been increasing over the past decade, but have now reached crisis level.

Illinois teens that felt sad or hopeless (almost every day for 2 weeks during the 12 months prior to the survey)

2009 vs. 2019



11.4%

Percentage of Illinois children ages 3 to 17 who have been diagnosed with depression or anxiety in 2020.

Source: Child Trend's analysis of the U.S. Department of Health and Human Services, National Survey of Children's Health (NSCH).

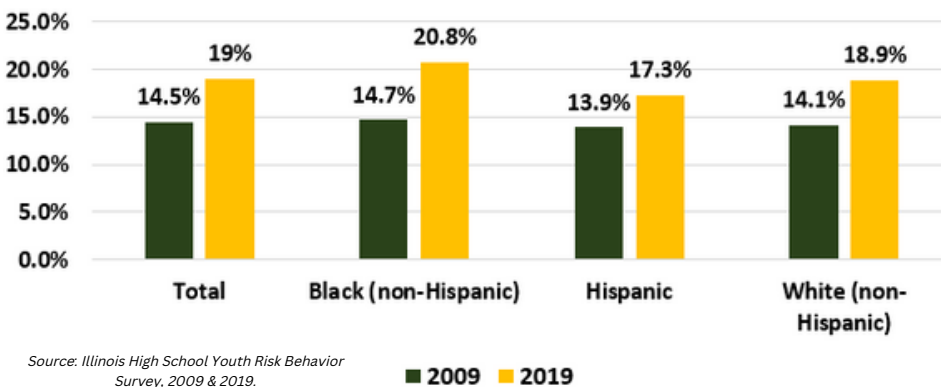
10.1%

Percentage of Illinois children ages 3-17 that received treatment of counseling from a mental health professional in the past year in 2020.

Source: U.S. Department of Health and Human Services, National Survey of Children's Health (NSCH), 2019-2020

Illinois teens that seriously considered attempting suicide (during the 12 months before the survey)

2009 vs. 2019



Percentage of Illinois youth with at least one major depressive episode in the past year in 2022.

15.15%

Source: <https://hopefulfutures.us/action-illinois/>

Nationwide, youth are reporting symptoms of decreased mental health.

1:250

Current recommended ratio of school social workers to students in Illinois.

1:626

Current ratio of school school counselors to students in Illinois.

1:741

Current ratio of school social workers to students in Illinois.

Source: <https://hopefulfutures.us/action-illinois/>

National mental health-related emergency department visits per 100,000 visits, among children under 18 years of age, 2019 vs. 2020

3,846

2019

4,782

2020

Source: CDC MMWR February 2022, Weekly / Vol. 71 / No. 8